



## SEAMASTER

PLOPROF 1200M OMEGA CO-AXIAL 55 X 48 MM

Steel on rubber strap

Caliber  
8500

224.32.55.21.01.001

-  Co-Axial escapement
-  Si14 silicon balance spring
-  Automatic
-  Chronometer
-  Time zone function
-  Sapphire crystal
-  Anti-reflective treatment on both sides
-  Screw-in crown
-  Helium escape valve
-  Water-Resistant to a relative pressure of 120 bar (1200 metres/4000 feet)



### WATCH FUNCTIONS

The crown has 3 positions:

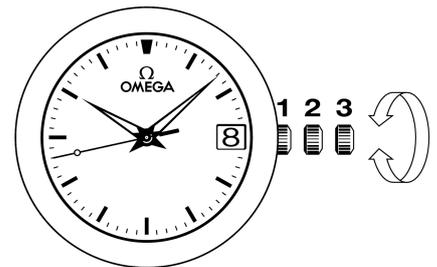
**1. Normal position (wearing position):** when the crown is positioned against the case, the crown ensures that the watch is water-resistant.

**Occasional winding:** if the watch has not been worn for 60 hours or more, wind it up with the crown in position 1.

**2. Setting the time zone and correcting the date:** pull the crown out to position 2. Turn the crown forwards or backwards, and the hour hand will move forwards or backwards by 1-hour intervals. By passing the hour hand over midnight, the date can be changed forwards or backwards. Push the crown back to position 1.

*NB: when changing the time zone backwards, it is necessary to move the hour hand back past 7 pm to ensure the date changes.*

**3. Time setting:** hours – minutes – seconds. Pull the crown out to position 3. The seconds hand will stop. Turn the crown forwards or backwards. Synchronise the seconds by pushing the crown back to position 1 to coincide with a given time signal.



### AUTOMATIC HELIUM ESCAPE VALVE

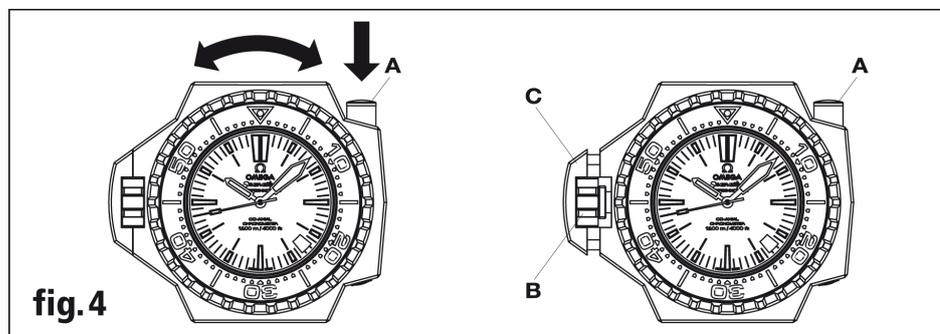
Your watch is equipped with an automatic helium escape valve, no manipulation is required.

## PLOPROF BEZEL AND CROWN

Using the rotating bezel (fig. 4): keep the pusher A pressed down to turn the bezel.

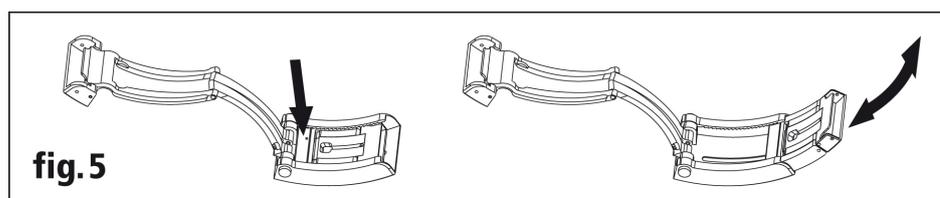
Using the crown (fig. 4): the crown B must be unscrewed before it can be used, when the crown protection C will slide without turning. After use, push the crown to position 1, then press and screw the crown down again (to ensure the water resistance of the case).

Note: the crown is located at 9 o'clock, but its functions are identical to the crown normally placed at 3 o'clock.



## FOLDOVER CLASPS

Using the fine length adjuster (fig. 5)



Using the diving extension (fig. 6)

Note: to fold the diving extension away, it is important to proceed according to fig. 6.2 (with the diving extension perpendicular to the cover of the clasp).

